

Culture of Safety / Jin Sei Ryu Karate-do Chicago Student Agreement for Summer 2021

At Culture of Safety/Jin Sei Ryu Karate-Do Chicago, our goal is to maximize safety for students and their families. As such, Amy and Kyren agree to commit to the following health and safety standards:

- All in-person classes will be taught only by fully vaccinated individuals.
- If, despite vaccination, an indispensable teacher becomes symptomatic with respiratory or digestive symptoms of illness that fits the profile of Covid-19, we will refrain from holding in-person classes for a minimum of 10 days after recovery, or until receipt of a negative Covid test. All classes will be held online or canceled during that time period.
- If an indispensable teacher is exposed to Covid-19, the teacher will seek a Covid test 5 days post-exposure, and we will refrain from holding in-person classes until a test is confirmed as negative. Here exposure is defined as being indoors unmasked with a Covid-positive person, or closer than 6 feet (while masked) for more than 15 minutes to a Covid-positive person. All classes will be held online during that period.
- All teachers will remain masked at all times during classes with children younger than 12, and in all indoor classes, excepting water breaks
- When outdoors, all teachers will remain masked whenever closer than 6 feet to any student in all classes
- We will sanitize door handles, elevator buttons and other major indoor surface areas before class.

We reserve the right to modify this policy as our understanding of COVID-19 evolves. We reserve the right to implement variances to these policies on a case-by-case basis when situations warrant. In all cases, the minimum standard to attend class in-person will be no less than the CDC return-to-work guidelines for fitness and exercise professionals.

To participate in classes, Please read and initial all of the following:

Potential Exposure to Covid-19 positive individuals

____ I agree to notify Culture of Safety about any outreach from contact tracers about possible exposure.

____ If an unvaccinated member of my household is exposed to Covid-19, and I or my child is unvaccinated, I will refrain from coming (or sending a child) to in-person classes for a minimum of 14 days after potential exposure, or until a negative Covid test taken a minimum of 5 days after exposure comes back negative. Here exposure is defined as being indoors unmasked with a Covid-positive person, or closer than 6 feet (while masked) for more than 15 minutes to a Covid-positive person. Remote classes may be available during that time.

____ I agree that if I (or my child) or an unvaccinated member of my household is symptomatic with respiratory or digestive symptoms of illness, I will refrain from in-person classes for a minimum of 10 days (or until receipt of a negative Covid test). Remote classes may be available during that time.

While I (or my child) is an active student with Culture of Safety, I agree to:

____ Wear a mask whenever I am outside my home, indoors, and unable to maintain 6 feet or more of distance from others outside my household/pod unless & until I am fully vaccinated

____ Minimize interactions with people outside of my household/pod as much as possible unless & until I am fully vaccinated

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FOR CHILDREN YOUNGER THAN 12:

While attending classes in-person with Culture of Safety, I agree to:

___ Wear a mask at all times during class, whether indoors or outdoors, unless I am on a break, socially distanced from other students and households/pods

___ Refrain from talking while removing a mask for snack or water consumption.

___ Bring my own water bottle.

___ Follow in-class sanitation procedures during and after class. For students, this may involve hand-washing and hand-sanitizing rituals, as well as assisting the teachers in wiping down the space after class.

___ (OPTIONAL) I understand & consent to limited contact between (fully vaccinated) teachers and students, for instance, instructors may hold target pads for students to hit, give hands-on corrections, etc.

FOR ADULTS AND CHILDREN 12 & OLDER:

While attending classes in-person with Culture of Safety, I agree to:

___ Have a mask with me at all times during class, and wear a mask at the beginning of class

___ Bring my own water bottle.

___ Follow in-class sanitation procedures during and after class. This may involve hand-washing and hand-sanitizing rituals, as well as assisting the teachers in wiping down the space after class.

___ (OPTIONAL) Engage in contact exercises with other students. All students will be required to wear masks during all contact exercises

We encourage all of our students to get vaccinated against COVID-19 as soon as they are able to. However, we recognize that there may be legitimate religious or medical reasons that may prevent students from getting vaccinated, or may reduce the effectiveness of vaccinations for them. We will not track our students' vaccination status or require proof of vaccination to participate in Culture of Safety/Jin Sei Ryu Chicago classes. We will continue to offer online adult classes for those students who do not wish to train in-person.

___ I acknowledge that there may be unvaccinated students in Jin Sei Ryu Chicago karate classes, and accept the risk that this presents to myself.

Student/Parent Signature

Printed Name

Date

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Culture of Safety/ Jin Sei Ryu Karate-Do Chicago Online Class Etiquette

We are committed to creating a learning environment that works for all students. Our aim for live online classes is that the class experience is as similar to an in-person class as possible. Creating such an environment in an online class entails commitments and responsibilities from every student and their household members. As such, we ask that all agree to the following conduct. Parents of young students are asked to support them in meeting these standards.

Please initial all of the following:

Video and Audio Requirements

_____ I understand that instructors need to both see and speak with me during class.

_____ I agree to join class with video enabled and **to remain unmuted when possible.**

Important Standards of Conduct

_____ I agree to work in an area that allows for maximum concentration and minimum distractions.

_____ If sharing the space with other household members, I agree to refrain from engaging in conversation with household members during class unless it is an emergency. If I need to take a break from class or otherwise leave class space, I will let the instructor know, and mute and turn my video off until I am ready to re-engage.

_____ I agree not to engage in non-class activities during class time. Examples of non-class activities are eating, playing on a phone or computer, playing games, watching TV or videos, or talking with household members.

Signed and agreed,

Student/Parent Signature

Printed Name